

## Career Journey as a General Practice Nurse

*We caught up with Katie Mason from Manor Practice, Sutton Coldfield, who is a General Practice Nurse. Here's what she had to say about her career journey.*

### About Me

I have been a practice nurse for six years now. I came into practice nursing as a newly qualified nurse.

### How did you get into primary care?

I did two placements as a student nurse within the practice I currently work at, one in year two and then year three for my nursing management where I was then offered a job.

As a newly qualified nurse I did an extra course at Birmingham City University which gave me the skills and knowledge needed to become a practice nurse. This was a funded course called the **Fundamentals of General Practice Nursing**.

### Daily life as a Practice Nurse

Since being a practice nurse I do every day treatment room duties such as, blood tests, blood pressure, travel vaccines, adult immunisations, baby clinics and immunisations, learning disability reviews and annual reviews etc. I also specialise in respiratory care, and completed extra courses to achieve this such as the Asthma Diploma, ARTP accredited Spirometry.

I have also since took on the role of practice trainer and assessor, which means I help support student nurses, nursing associates as well as training and assessing health care worker's competencies.

### What do you enjoy about the role?

I really enjoy my role and love the job I do. The things I love most are: being able to provide continuous care to patients in a holistic way and deliver patient centred care. You also get to build relationships with the patients and families and it gives great satisfaction to know you have made a big impact on their lives and health needs.

I find it a great satisfaction and so rewarding when training and supporting students or other members of the team and really enjoy watching the individual grow through their career. This also helps me keep up to date with new evidence based practice.

## **BSol Training Hub**

I work closely with the BSol Training Hub where you can access all the support that is needed. I work very close with Sue Brookes, Clinical and Training Hub Deputy Lead and Shelly Caines, Healthcare & Nurse Associate Facilitator and Practice Educator at BSol Training Hub and Quality Assurance Lead – their support has been greatly appreciated and valuable.



**Katie Mason**  
***Practice Nurse***  
***at Manor Practice***

**Interested in finding out more about the Fundamentals of General Practice Nursing or about working in Primary Care as a Practice Nurse**

Contact the BSol Training Hub.

Please email:

[bsol.traininghub@nhs.net](mailto:bsol.traininghub@nhs.net)